HOPE Round Up



News from HOPE Services

Seeing Potential ~ Inspiring Opportunities

June 2024

Meet Brandon

Brandon is a Napoleon Junior/Senior High School graduate this year. During the last few months of his Senior year, he has been attending the Job Training Program with Four County Career Center. Brandon and his job coach have been diligently working on a resume, job applications and interviewing skills. Brandon was hired by McDonald's as a dishwasher, and he states that he loves his job. Brandon receives on-going employment supports to support him with training, required paperwork, and learning the task needed to operate the dish washer. His employer loves his motivation and states that he is a great asset to McDonalds. Brandon is hoping that he gets to learn

other areas of his employment and become as independent as possible. Congratulations Brandon keep up the good work!! HOPE Services is very proud of YOU!









The next Board meeting will be on **Tuesday** June 18th at 4:00pm in the activity center.

SORRY, WE ARE closed

The office will be closed on June 19th in observation of Juneteenth. The office will reopen on June 20th at 8:00am. Enjoy the day with family and friends.

Youth Services





Youth, along with their parents recently had the opportunity to gain experience about COREe's World of Work program and Top Dog/Mya's Ice Cream when they toured the facilities. The tour was a fantastic opportunity for them to learn about the types of work/volunteering, the atmosphere and ask any questions they may have. This information will assist them with determining if they would be interested in completing a

summer experience at one of these programs.





Senior Spotlight



Congratulations to all the graduates! Your achievements are a testament to your dedication, perseverance, and hard work. As you embark on this new journey, may you continue to pursue your dreams with courage and determination. Remember to cherish the memories you've made, stay curious, and embrace the challenges ahead. The world is full of opportunities waiting for you to seize them. Well done, graduates!









Kelly's Column

June is Alzheimer's and Brain Awareness month, a time dedicated to raising awareness about these debilitating diseases. Alzheimer's affects millions of people worldwide, causing memory loss and cognitive decline. By increasing awareness, we can support those living with Alzheimer's and their caregivers, as well as promote research for prevention and treatment. Join us in spreading the word this June and help make a difference in the fight against Alzheimer's and other brain-related illnesses. More information on ways you can help against this fight can be found at the Alzheimer's Association website https://act.alz.org. I encourage you to wear purple on June 21 to show your support for people fighting the disease and their caregivers.

Sincerely,

Kelly Aldrich

<u>Birthdays</u>

Kris Banister Bishop Nieto Job Knepper Brandon Shank

Cody Minnich Christine Rader Perry Davis Kyle Burditt

Terri Jo Stover Matthew Wetzel Lori Irving Joseph Kuehner

Bethany Mathers Domenik Salinardo-Neumier



Employment Anniversaries



Melinda Camp - 31 years at HOPE Services

Mel Dachenhaus - 25 years at HOPE Services

Robin Sinn - 22 years at HOPE Services

Beau Beech - 8 years at KK Collision

Kelly Aldrich - 2 years at HOPE Services

Robert Baser - 2 years at Amcor

Larry Junge - 1 year at Arby's

Cody Minnich - 1 year at Chiesa Construction, LLC

Listen to WNDH 103.1 every
Thursday at 12:20 p.m. for more
information about
HOPE Services.



Do you have an article to submit or pictures to share? We are always looking for stories. Submit items of interest to: mcamp@henrydd.org

Connecting with your Infant and Toddler

Did you know that the motivation to behave comes from being in a relationship? Connection wires the brain for impulse control and willingness. Connections on the outside build connections on the inside.

There are 4 ingredients for connection:

- 1. Eye contact
- 2. Touch
- 3. Presence
- 4. Playful situation

Spending just a few minutes a day connecting with your child can:

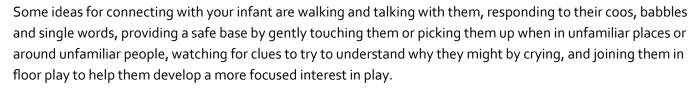
Promote learning and literacy.

Increase attention span.

Decrease power struggles.

Increase cooperation.

Enhance self-esteem through permanent brain chemistry changes.



Ideas for connecting with your toddler are exploring the senses by engaging them in play with things they can touch and explore, creating a family storybook and pointing out and labeling the strengths of each family member, making a cozy corner or quiet space for your toddler to calm themselves, reassuring their safety by acknowledging their fears and telling them you will keep them safe, and developing special routines such as singing a favorite song or giving a special butterfly kiss when saying hello or goodbye.

Look at what you are already doing in your daily routines and use it to find a way to connect with your child even more!

Attention Parade Enthusiasts!

Mark your calendars and set your reminders because something exciting is coming your way! The much-awaited design for the 2024 Parade t-shirt will be unveiled soon, and trust us, you won't want to miss it!

Be on the look out for the grand reveal of this year's jaw-dropping

T-shirt design. Get ready to be dazzled by its creativity and flair!

How to Get Yours: Once the design is out, make sure to snag your very own Parade T-Shirt by filling out the order form. Stay tuned for details on how to place your order and secure your piece of parade memorabilia!









Cook Night sponsored by HARC Inc.

This month we had some new faces! The group prepared a 3 ingredient orange chicken, brown rice, Chow Mein noodles, chicken egg rolls, and pink fluff for dessert. These recipes were prepared by Lori, Ted, Ricky, Caty and LaNae. This was a quick, easy and filling meal! We added the new recipes to our cookbooks and discussed our thoughts about the meal. If you are interested in joining the group sign up by contacting Randy Barnes at 419-591-6498 or 419-599-2892. Hope to see you next month!







Monthly Movie Quote from Jessica



Did my heart love until now? Forswear it, sight, for I ne'er saw true beauty till this night.

.....

- Romeo

We look forward to next month's quote.



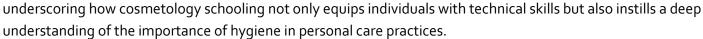
VOICES of HOPE

SELF ADVOCACY GROUP



In a recent advocacy group meeting, Brittnay and Logann took the floor to shed light on the profound impact of hygiene practices on personal health and well-being. Their presentations, focusing on cosmetology schooling, facials, and the broader implications of hygiene, offered invaluable insights into how our daily habits affect us.

Brittnay and Logann delved into the realm of cosmetology schooling, emphasizing how proper hygiene practices are foundational to this field. Whether it's sanitizing tools, maintaining a clean workspace, or adhering to strict cleanliness standards, cosmetologists play a pivotal role in promoting hygiene among their clients. Brittnay and Logann highlighted the symbiotic relationship between hygiene and professional standards,





Together, Brittnay and Logann painted a comprehensive picture of hygiene's significance in our daily lives. From the meticulous standards upheld in cosmetology schooling and the profound implications for mental and emotional health, their presentations underscored the interconnectedness of hygiene and personal well-being. By fostering a deeper understanding of these dynamics, they empowered attendees to embrace hygiene practices as essential components of a healthy, fulfilling lifestyle.

Some members of the Voices of HOPE
Advocacy group were able to attend Train
Day in Toledo, Ohio. This was an
advocacy event focusing on bringing
high-speed rail to the Northwest Ohio
area. We learned how we can advocate
for this cause through letters, emails,
etc.





Making Memories

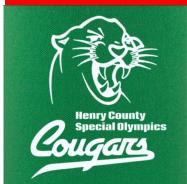
High school memories often revolve around those special moments that stand out, and awards ceremonies are certainly among them. Whether it's receiving an academic honor, an athletic achievement, or a recognition for your contributions to the school community, these awards ceremonies encapsulate the essence of hard work, dedication, and talent. They're a chance to celebrate not just individual accomplishments but also the collective spirit of your class and school.

High school prom is a milestone event, filled with anticipation and excitement. From the thrill of getting dressed up to the dance floor antics and the laughter with friends, prom is a night to remember.

What kind of memories are you hoping to create?







Spring has brought a very busy schedule for our athletes and coaches. We were busy in April training for Northwest Ohio Regional Games, which was held on May 5. We attended with 29 athletes who participated in powerlifting, traditional volleyball, track & field, and bocce.

Our traditional volleyball team brought home gold in their division. The team consisted of Sammi Adkins, Lydia Knepper, Lydia Kuehner, Krysta Delgado, Josh Babcock, Domenik Neumeier, Vinnie Simon, and Jacob Heath.

Our Powerlifting team of Tyra Knepper, Job Knepper, and Anthony Delgado continued bringing home the medals. Tyra placed $\mathbf{1}^{st}$ in her division, Job placed $\mathbf{2}^{nd}$, and Anthony $\mathbf{3}^{rd}$ in their division.

Bocce teams both brought home gold. Our teams this year are Abbie Hinkleman and Linda Baser and Derrick Maassel and Brayden Kuehner.

Track and field kept us running this year. This year's team consists of Khristian Miller, Scott Michael, Savannah Rose, Kathy Michael, Caty Kuehner, Victoria Michael, Virginia Michael, Alex Eis, David Rose, Bob Rosebrock, Tracy Rose, Elijah Harris, Aaron Delgado, and Keith Rose. They all brought home medals in divisions of shot put, softball throw, mini javelin, 100m walk, 100m run, 50m run, and 200m run.

All the athletes did outstanding! They showed great determination and good sportsmanship. These athletes will all represent Henry County at the Special Olympics Ohio Summer State Games, June 28-30 in Columbus on the campus of Ohio State University.

To celebrate them, we will be hosting our own part of the Special Olympics Law Enforcement Torch Run (walk) on Friday, June 14. This run celebrates the lighting of our Olympic flame at opening ceremonies on our first night in Columbus. There is no charge to walk in the event or stand along our route down Perry Street and cheer on our athletes as they walk to HOPE Services from Pocket Park. Please visit our Facebook page: Henry County Special Olympics and Young Athletes and check under events. Or call HOPE Services at 419-599-2892 and ask for Special Olympics.

We want to thank COREe Residential for hosting their annual Special Olympics bowling tournament on May 11. We had over 175 bowlers travel to River City Bowl a Way this year. Athletes traveled from Lucas, Williams, Fulton, Defiance, and Sandusky counties to participate in this event. It was a fun-filled afternoon seeing old friends and making new ones.

On May 7, we held the annual Four County Career Center Track Meet at Napoleon High School. Over 200 school-aged athletes participated in this event. Thank you to the students from the Business Professionals of America at Four County Career Center for making this event possible. They spend all year raising the money to host this event and the bowling event in March for these students. A great time was had by all!

Part of our cycling team traveled to Parma, Ohio on May 18th to take part in a meet sponsored by Friends and Fans of Special Athletes. The event was held at Holy Name High School. Caty Kuehner placed 3rd in her 1-mile female division. Derrick Maassel placed 5th in his male 3-mile division. Vinnie Simon placed 3rd in his male 3-mile division. We had a great day, including lunch provided by their organization. Two of our recent Athlete Leader graduates traveled with us to help. We all agreed that this was a great event, and we cannot wait to bring a bigger team next year.

We hosted our first esports tournament with Wood County Special Olympics on May 12. The athletes competed in Rocket League. And during down time had pizza and played some Mario Kart. Our esports program is growing, and we are looking forward to hosting our next tournament in the future! If anyone would like to volunteer to come in and compete with our athletes during our practices, please reach out to us.

If you haven't signed up yet, softball, summer cheer, and flag football will both be starting soon. Please contact Zach or Renita as soon as possible about signing up. We are excited for the next season in these sports.

Athletes and families, mark your calendars for this year's Athlete Awards Banquet. This year it will be held Tuesday, July 9th from 6-8 pm at the Filling Home Community Center (by River City Bowl A Way). Reminders and notes will be sent out.

Another date to mark your calendars for...Saturday, June 8th. Hawk's Pizza has generously added us to their Community Days calendar. Hawk's will be donating 10% of any food purchases that day (10:30-9) to help support our program.

We hope that everyone has a great first month of Summer!!!

Coach Zach and Coach Renita



with them and help us reach more individuals who are eager to make a difference!

Are you passionate about creating inclusive and empowering experiences for individuals with special needs? Do you want to make a positive impact in your community? If so, we invite you to volunteer with us for our upcoming Special Olympics and HARC recreational events!

Contact Zach Meister for Special Olympics at 419-260-2176 or Randy Barnes for HARC Recreation at 419-591-6798



**QUESTIONS? CONTACT: Renita Kuehner: 419-601-2372 RKUCHNER@HENRYDD.ORG Amanda seiler: 419-654-3235 amanda.Barnes2017@GMail.com



Run Or Walk....

> Join us! Friday, June 14

10:30-11:30 am Line up at Pocket Park, Napoleon, OH

To sign up or ask Questions: Zach Meister 419-260-2176 Renita Kuehner 419-601-2372

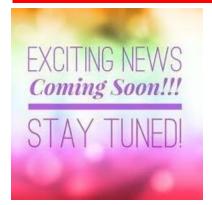












Introducing the "Bring a Friend" Program



In a bid to foster community engagement and support local initiatives, HOPE Services, in collaboration with the American Rescue Plan Act (ARPA) funds, is thrilled to announce the launch of the "Bring a Friend" program. This innovative initiative aims to encourage individuals to participate in community-building activities.

The "Bring a Friend" program seeks to strengthen the bonds that unite communities by incentivizing individuals to engage in meaningful activities alongside their friends, family members, staff, co-workers, or neighbors. Recognizing the profound impact of interpersonal connections on community well-being, HOPE envisions the program as a catalyst for building solidarity and resilience in the face of challenges.

The "Bring a Friend" program operates on a simple yet powerful premise: individuals are encouraged to propose community-focused projects or events that they can undertake with a friend or companion.

Stay tuned for more details.





Join us in shaping a more inclusive and accessible community by participating in our brief survey on mobile changing tables. Your valuable input will help us better understand and address needs of parents and caregivers on the go. Take a moment to share your insights and contribute to creating a more convenient and welcoming environment for all. You can find the link on our Facebook page. https://www.surveymonkey.com/r/mobilechangingtable





HARC SUMMER CAMP

CAMP PALMER

Who: Adults 16 & up When: July 31-Aug. 3

Cost: \$<u>250_(</u>scholarships available)

Day Rate \$75

Swimming

Camp Fires, <u>S'mores, singing</u>

Games

Nature hikes

Canoeing

Animal Study

Tall Tales

Arts and Crafts

July 31-Aug. 3

4 days/3 nights

\$250 per person

Day Rate \$75

(Scholarships available)

Camp Palmer Fayette, Ohio

Sign up by calling:

Randy at:

419-591-6798

SPONSORED BY:
HARC, INC.

Resource Council

Find us On Facebook!!



Pool Party Bonanza

Hey there party people! Get ready to make a splash at our upcoming event - a night filled with laughter, bonding, and of course, swimming! HARC has gone all out and secured the Napoleon City Pool just for us, and guess what? You and your family and friends are all on the VIP guest list - and it's totally free! So, grab your floaties, round up your loved ones, and let's dive into a night you won't forget!

Where: Napoleon City Pool, 500 Glenwood Ave.

When: July 20, 2024

Time: 6:00pm-11:00pm

RSVP to Randy Barnes by July 12th 419-591-6798



Date: July 9, 2024 Time: 10:00 to 12:00

Location: HOPE Services Activity Center

We believe that by harnessing the power of technology, we can empower individuals to live more fulfilling and independent lives.

Whether you're a student, caregiver, professional or just curious about how technology can improve your life, this event is for you! Your presence at the Technology Lab is crucial as we strive to create an inclusive and supportive environment for all.

Presenter Information:

Sarah Heldmann, BS, COTA/L, ATP has over twenty years of experience working in the disability community including ten years working as an occupational therapy assistant. Additionally, Sarah is an assistive technology professional. Sarah enjoys having challenging perspectives about disability by encouraging folks to think well beyond a paradigm of low expectations.

Carly Dauch, OTD, OTR/L, Health Supports Coordinator. Carly has worked as an occupational therapist with the Wood County Board of Developmental Disabilities (WCBDD) for 5 years. She is a 2017 graduate of the University of Toledo.

Event made possible by:

Please RSVP by July 2nd to Melinda Camp at 419-599-2892.









Henry County Board of Developmental Disabilities



CDKL-5

CDKL-5, or cyclin-dependent kinese-like-5 is a rare genetic disorder that is characterized by severe development impairment, as well as a variety of frequent seizures, that start early in life. Females are 5 times as likely to develop this than males. However, males are more severely affected.

Symptoms:

Severe, constant seizures that usually begin in the first few months of life, but can occur within hours of birth.

Repetitive hand movements respiratory problems

Inability to walk sleep problems

Little to no ability to talk constipation

Teeth grinding vision problems

Poor muscle tone Scoliosis - Submitted by Stephanie Jones



King's Island

Water Park and Major Amusement Park!

Kings Island is cashless!

You need debit/credit card for lunch, supper, souvenirs and snacks.

June 22, 2024

King's Island

7:00am-11:00pm? \$45

Call: 419-591-6798 to sign up.

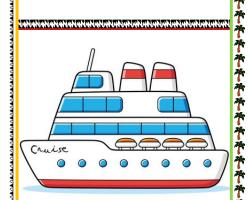
Mud Hens Vs. Omaha Storm Chasers June 16, 2024

Come cheer on the Mud Hens

12:30pm-7:00pm

Fifth Third Field is cashless, so bring a debit/credit card.

Call: 419-591-6798 to sign up.



Sandpiper

Cruise

Decade Night on the Sandpiper
60's 70's 80's

Music from a different decade.
Dress the part.
Prizes for best dressed.

June 26, 2024

Call: 419-591-6798 to sign up.

Contact Us

www.henrydd.org

HOPE Services Office 419-599-2892 Special Olympics 419-260-2176 HARC Recreation 419-591-6798 Seeing Potential - Inspiring Opportunities



Our Mission

HOPE Services is

committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race,

color, creed, national origin, sex or age.

Napoleon, OH 43545

135 E. Maumee

